Where to obtain a Physical

All Student-Athletes: If you are unable to have your physical exam performed by your doctor prior to coming to school, the following are locations where you can obtain a sports physical.

- Cost of the visit at each site varies.
- Please note that physical exams are based on availability; please call ahead of time to schedule an appointment.
- Bring your Health Insurance card with you to your visit.
- Complete the Pre-participation health history and take with you.
- Take the Physical Examination Form with you.
- Return all forms to the Athletic Trainer in the Department of Sport and Exercise to be cleared for participation in athletics.

Beard Wellness Center on Campus:
- Please note that no physical exams are given during the first two weeks of school.
- Phone number is 518-255-5225

Bassett Healthcare Network
- There are four locations – Cobleskill, Schoharie, Delanson, and Sharon Springs.
- Phone number is 518-234-2555

Family Medical Care Associates
- Phone number is 518-234-8745

Concentra Urgent Care – Albany
- 1971 Western Avenue, Albany NY 12203 (open on Sat – cash only)
- Phone number is 518-452-2597

First Care
- 363 Delaware Avenue, Delmar NY (closed on Sat, open on Sun)
- Phone number is 518-439-9911